

*A Transcription of*

Sharula Dux's

SECRETS  
OF  
THE  
SUBTERRANEAN  
CITIES

## ***NOTE FROM THE TRANSCRIBER***

Dear reader, please understand not all information contained can be readily verified, and references to any such historic information may be void. This includes information about other civilizations outside our own, here on the surface.

Also, this audio to text was transcribed manually. The accuracy of spelling and/or information intended to be received in such a way, may not be perfect. The following text is simply words as I heard them, and organized as I see fit, and I'd say, 99.9% unedited. If you listened to the audio, or versed in the subject, such as the correct spelling of the names of the cites mentioned besides Telos, or caught any error, please email [masteredbad@gmail.com](mailto:masteredbad@gmail.com) so I can make any necessary adjustment(s).

My name is David Mongeon and I was born here on the surface in the 80s, in typical, conventional manners of living along with any insecurities that came along with being born in that time. My spiritual awakening, or awakening of my desires to pursue the study of basic spiritual manners and foundations came around the year, 2012. Since then, after experiencing the loss of just about everything, including my health, or what I thought was everything, the awakening catapulted me to a state of health and well-being I couldn't have dreamt of. These findings such things as here, the existence of Telos, and its people, is one of many examples of darkened, hidden knowledge slowly making its way back in the mainstream so we can all live a more prosperous love, full of joy, along with the abolishment of the sour thought-forms poverty, death, and suffering. In the very least, our intuition only grows stronger over time now, and we know for a fact, that whatever problems we face consciously or not, as an individual, or as a collective, one, there is a better way.

## Part 1 of 2

*Let me tell you a tale, of, two continents.*

*One, in the Atlantic, called Atlantis. Another, in the Pacific, called Lemuria, or Mu, for short.*

*Twenty-five thousand years ago, these two continents were... battling each other on the ideology of the day. Look at them as the two largest children on the block. And, the two highest civilizations.*

*At that time, they both had two different ideas about which direction civilization should go.*

*The Lemurians felt that the other lesser evolved cultures should be left alone, to continue on their own evolution scale. The Atlantians believed that all the lesser evolved cultures should be brought under sway, by the two evolved ones.*

*This caused a series of wars, between Atlantis and Lemuria.*

*In these series of wars, thermonuclear devices were used. And when the wars were over, and the dust cleared, in reality, there was no winner.*

*The Outback in Australia, the Mojave Desert, parts of the Gobi Desert, and the Sahara, are all remains to remind man the futility of this type of war.*

*During the wars themselves... people, highly civilized, stooped to quite low levels. But they too, in the end, they realized the futility of such behavior.*

*Lemuria, and Atlantis... itself... became the victims of their own aggressions. Both the Lemurian homeland, and the Atlantian homeland had been weakened by the wars.*

*Thus, they knew... that, in about fifteen thousand years, both of their continents were going to sink, completely.*

*The Atlantians had their second set of cataclysms, which reduced Atlantis from a large continent to a series of violence. Lemuria, in essence, did somewhat of the same. However, you might say, "Well, what did that? Why would the people... be upset at that time... for something that was going to happen fifteen thousand years in the future?"*

*In those days, people lived... for... twenty... thirty thousand... years... commonly. They understood many of those who caused the havoc would see the end of the destruction.*

*When, Lemuria, which went down first, almost two hundred years before Atlantis, sunk, they petitioned the Agartha network.*

*The Agartha Network is a network of subterranean cities that is guided by a city called, Shambhala, The Lesser. WA, to distinguish it from Shambhala, The Greater, which is the etheric Shambhala over the Gobi Desert.*

*Shambhala, The Lesser, was created, from the continent of hypo Beri'ah, was vacated after Earth lost her mantle, and the planet*

*started receiving radioactive waves they had not been victim to, in the earlier times.*

*So they started building subterranean cities over a hundred thousand years ago.*

*When Atlantis and Lemuria petitioned to build subterranean cities themselves, and to be accepted into the Argarthian network, they had to prove to Shambhala, The Lesser, that they had learned the lessons of aggression.*

*That they had learned the lessons of war.*

*And they also had to prove it to many other agencies, such as the confederation, which we'll go to into a little later.*

*Because Atlantis and Lemuria had both been members of the confederation, and when they started their war-like efforts against each other, they were expelled temporarily from the confederation.*

*And had to prove that they had also learned the lessons peace, to be allowed to be members of the confederation again, to be accepted into it.*

*Mt. Shasta, she's where the Lemurians chose to build their city.*

*California was part of the colonies, part of the area of the Lemurian lands. And they understood that Mt. Shasta and those areas of California would survive the cataclysms.*

*Mt. Shasta already being a place of great sacredness on this planet, they chose to reroute the lava tunnels from Shasta itself so the volcano would not erupt again. And there was already a very large domed cavern within it. And they decided to build upon that. And they constructed the city that we now call Telos.*

*Telos was the name of the whole area, much of what is now, the south west, and much of what is now, California, was originally called Telos. It meant, communication with spirit, oneness with spirit, understanding with spirit.*

*It was constructed to hold a maximum of two million people.*

*When the cataclysms started, only twenty-five thousand people were saved. Many had been brought to Telos before the cataclysms started.*

*But when the second set started in Lemuria, the volcano started erupting so fast, and sent so much debris into the air, that where they had intended to try and save at least a million people from the Lemurian mainlands, they were only able to save twenty-five thousand.*

*Thus, that was what was left of the Lemurian culture, the Lemurian mainland.*

*Already the records were brought from Lemuria to Telos. Already, the temples were built in Telos. While Lemuria, or what was left of Lemuria, mainly Telos, was coping with the aftermath of the destruction of their continent, the earthquakes continued.*

*During the earthquakes, the earth shook so hard, that in many, many places, it went right off of what you might now call, the Richter scale. Earthquakes that reach the equivalent of what you would call a fifteen point.*

*These earthquakes were so intense that many people died from the sound of the earthquake, not from any affect of the quake itself, such as a building falling upon 'em or something.*

*A quake with that high of intensity created a screech through the atmosphere that killed many people simply from the sound of it. Many other places, the earthquakes were so intense, that in many places where the earth was mostly clay, it liquefied, and acted like a sea of mud swallowing whole cities.*

*Another thing that came after that, as the continent itself went down, there were tide waves so large, that somethings they went, not just hundreds, but a thousand miles inland, the equivalent of a tide wave starting on the coast of California, and completely taking out Oklahoma City.*

*Tide waves like that run rampant, as well as the earthquakes. In many cases, in some areas, the shaking never quit. There would be a constant swarm, of if not large ones, then small quakes. The hierarchies, the councils of this planet, understood this was going to happen.*

*So they tried to construct both cities prior to the destruction of Lemuria, itself, understanding that the Atlantians would not get a lot of construction done under those circumstances.*

*Also, at the same time, the great pyramid in Egypt was constructed underneath the tutelage of the Lemurian high priest, better known as Thoth.*

*And hide then the Atlantian record chambers which were geared to hold not only Atlantis' records but Lemuria's, Pahn's, Og's, hypo Beri'ah, all the other cultures that have existed and reached high levels upon this planet.*

*The Atlantians moved into their city at just about the same time Lemuria sunk. Moving in first their priesthood, their greatest*

*scientists, some of their greatest thinkers, to try and preserve their lives against the coming cataclysms.*

*Atlantis itself, started shaking at the same time Lemuria was going down. And Atlantis continued to shake and loose parts of its land for two hundred years, before it too went completely down. For almost two thousand years, after the Atlantian and Lemurian catastrophes, the planet was still shaking. To loose two huge land masses within two hundred years of each other, plus the planet was still witnessing the affects of the thermonuclear weapons that had been used in the Atlantian, Lemurian wars.*

*Plus, the fact that so much debris had been thrown into the atmosphere that it never became quite bright daylight for almost three hundred years after Atlantis's destruction.*

*This caused many, many life forms, plant forms to go extinct.*

*Plants that were common in Atlantian times, common in Lemurian times, that no longer exist because they simply couldn't survive the long stages of filtered sunlight.*

*Some have survived, yes, many animals and plants.*

*The human condition, in those civilizations that survived it; Egypt, Peru, Rajma, better known as India, in many places people became so frightened by the constant Earth activity that, civilization, even the last postilions started deteriorating very, very fast.*

*One question I have heard again and again, is, "Well if Atlantis and Lemuria existed, how come there's not more evidence, on the surface, of that?" That, is why.*

*Most of the cities were shook to rubble.*



*Those that were not shook to rubble were wiped out by the earthquakes, or wiped out by the title waves. Even those who survived, even the title waves, even the earthquakes, hunger was rampant, disease was rampant.*

*Some areas of civilization like those future named Egypt, and such, did survive, even kept their civilization intact. But even they started loosing the highest elements of their civilization.*

*Many, many machines quite working because of the filtered sunlight. Many, many people moved from the cities.*

*They started feeling that living in the city was death trap because you never knew when a building was going to fall on you.*

*What would look like a very strong building, have it go through three, four hundred earthquakes, it's a goner. Some buildings were built to withstand it.*

*The great pyramid withstood the earthquakes.*

*But it was built with secret geometries. Other buildings like that throughout the planet survived. But most of the cities were completely reduced to rubble.*

*In many areas they rebuilt the cities, but even then, each time the cities were rebuilt, it was on a slightly less, shall I say, technology.*

*Each city was a little more primitive than the city of before it.*

*The Atlantians moved into their city, which was built underneath the Mato Grosso plateau, in what is now Brazil, which had been Atlantian territories, at that time.*

*I mean, getting an understanding of what was happening on the surface, you can perhaps understand how the Lemurians or Atlantians would prefer to be living underground.*

*During this time, there was an integration, more and more, with the Agartha network.*

*As I explained earlier, Agartha is a confederation of several subterranean cities.*

*As a matter of fact, there's over a hundred and twenty of 'em. Some of them, they were built in the very early times, such as Shambhala, the lesser, which is peopled with beings from hypo Beri'ah.*

*These are twelve-foot-tall beings.*

*Being as man on this planet, as on many other planets, in this solar system, was originally of a height of about twelve feet, when we loss the mantle, and started reaching, more and more, rays from the sun to the planet that we were not used to cope with, it caused change in our bodies.*

*Already, by the time Lemuria and Atlantis sunk, man had gone from twelve feet to seven feet. Thus, the Atlantians, and Lemurians were around seven feet, and still are.*

*And, as you can see, there has still been a lowering of the height on this planet. Thus, people have gone down to now, for the foremost, less than six feet. We have lost over a whole foot in just ten thousand years. However, that trend is starting to reverse itself. And as our spirituality is growing greater, we are slowly returning back to our original heights, on this planet.*

*Within the Agartha network, the cities that are allowed to join are only those that are based on light principles.*

*Only those that are based on love.*

*Only those that does not hurt.*

*Only those that are based on none-aggression.*

*Faint.*

*Within the Agarthian network, besides Telos, which is the capital, there are four more cities.*

*For instance, that are based on Lemurian technology, and Lemurian ideas. One, is called Rajma, which is underneath India. Arajma, being the original name, of India. Arajma culture is consisted of people that are almost pure Lemurian, before the so called, Arian race, entered India. The other two cities that hold an elegance to Telos, but are very independent, are Uyghur cities.*

*One is called Shomshi, which us under Tibet, not too far from the capital of Tibet. It is being sheltered from the surface by a Tibetan lamasery. This is a Uyghur city.*

*Uyghurs are a group of people that left Lemuria forty to fifty thousand years ago, and situated themselves throughout much of what is Asia, India, and central Europe.*

*The second Uyghur city is called, Shingwa.*

*Shingwa is in the Gobi, or shall I say, under the Gobi Desert. This too is a Uyghur city...*

*On top of the Atlantian city, which is called, Possidid, the one underneath the Mato Grosso plateau, just a little farther north, there's another Atlantian city that is underneath the Atlantic Ocean, and several other smaller, sad like cities throughout the planet.*

*As I said, these are all a member of the Agartha confederation.*

*Plus, there are several independent cities that are not a branch of any other larger cities, that have, simply built subterranean to*

*escape things that have happened on the surface, some pre Atlantian, Lemurian disaster, some post.*

*The city itself, Telos, as I said is built under a dome.*

*A dome that reaches quite a few hundred feet from floor to ceiling, and spreads across most of what would be the base of Mt. Shasta.*

*Looking from the outside, the top of the dome is about halfway up the mountain. The bottom of the dome is just about even with the base of the mountain. Underneath that, are five more levels, that have been constructed.*

*These levels take up a space so that the deepest levels are about a mile below the ground level, at Shasta. The rest of the city is built on five levels, of several square miles across. These levels are divided up by usage.*

*The top level being under the dome itself is where the main part of the city is.*

*This is where the majority of the people live.*

*This is where the public buildings are. This is where most commerce takes place.*

*The second level down is where manufacturing takes place, some classes take place and also more people live on.*

*The third level down is totally hydroponic gardens, where we grow all of our food supplies.*

*The fourth level down is half hydroponic gardens, part nature, and part manufacturing.*

*The final level down is what we call our nature level.*

*This the level that is more than a mile in some spots, below the ground. In this level, we have created lakes, tall trees, park type atmospheres.*

*This is where animals live. We've had animals underneath for so long that they have lost their aggressions.*

*That and different temples, priests and priestesses, work with, you might say, their ancestors, removing the need of fear, since it is fear that creates aggression, not only in humans, but also in animals.*

*Thus we truly have the experience of lions lying down with lambs.*

*In, the nature levels, this is where people have come to relax, this is also where we have saved many animals, and plants from extinction.*

*More, on side two.*

## Part 2 of 2

*In these nature levels, as I said many, many plants and animals have been preserved from extinction by being placed within the nature levels of Telos, Possidid, and many other of the subterranean cities.*

*Thus, we do, still do have many of the plants that have been extinct on the surface.*

*We still have sabretooth tigers.*

*We still have mastodons. We still have your potential dodo bird. We don't have dinosaurs. They were a little big to keep. However, some dinosaurs do still live in areas of the Congo, and areas of the rain forest in the amazon.*

*Plus, there are many sea going dinosaur, much as the famous Nessie in Lock Ness, and many others such as that.*

*In these levels, people find that they are able to integrate, and merge, integrate with animals that would normally be dangerous. Simply by getting animals over the fear, and these animals have also been fed a vegetarian diet, including the things such as the big cats.*

*For going on thousands and thousands of years now, which has also taken away much of their aggression.*

*Therefore, you are able to go down and in many incidences, taking into consideration their great size and strength, you're basically able to play with a sabretooth, or Bengal tiger, much as you would a house cat by scratching their chest or under their ear, pulling their whiskers.*

*Which brings us to the fact that even such as the large cats, like that, are not aggressive, but are actually very gentle, and loving, when raised in the right circumstances.*

*Which brings us again back to the purpose of this, the eventual reintegration of the two cultures, the subterranean and the surface, to bring back out what has been preserved, and what has been prepared, so that this again becomes one planet, one civilization. And that people will be able to live on the surface, or in subterranean cities, or both, at will.*

*Again, that is the whole purpose of these tape series, and our work now at Telos, enterprises. Back to the city.*

*The fourth level up, as I explained, is mostly hydroponic gardens, and a nature level.*

*And the third level is totally hydroponic gardens. Hydroponics are how we produce and grow all of our food. Hydroponic gardens are able to produce crops almost on a constant basis.*

*And you are able to grow food much, much faster using advanced hydroponics, with very little soil, and much water.*

*Therefore, also, you produce a form of gardening that does not need fertilizer, and does not deplete the soil. We do still place minerals and such into the plants.*

*But, with this hydroponic gardens, that is actually quite small, being only several square miles, we're able to produce enough food and a large enough variety of food to feed over a million and a half people, and to feed 'em with a diet that is varied enough to be interesting, and fun.*

*The diet, which is in Telos, consists almost completely of vegetables, fruits, grains, nuts, and different variations of these, such as your soy, your other grains that now produce your meat substitutes.*

*We have been on a vegetarian diet, in Telos, now, for over twelve thousand years.*

*From the time when the city was first starting being built, it was decided at that point that our diet would consists of totally vegetarian. Therefore, also removing the aggressive thought forms, that causes animals to react so violently.*

*And also the fact that a human body was meant to be on a vegetarian diet. And any other form of diet actually produces death, and aging. On the second level, we have what is called, our manufacturing level.*

*This is where we produce clothing, furniture, art forms. This is also where many classes take place. And, this is also some of the living levels.*

*On the top level, of the city itself, this is where most people live.*

*This is where most commerce takes place. This is where you may say, this is where our heart and our soul is.*

*And you may say the building that represents our heart and our soul, is the building that is directly in the center of the top level,*



*which is our temple. Which is a pyramid shaped building, you may say a very large pyramidal shaped building.*

*The temple at Telos will hold ten thousand people at a time.*

*It was built to be able to hold almost half of the original twenty-five-thousand-person population. The temple is dedicated to the Melchizedek.*

*The Melchizedek, you may say, is a cosmic priesthood.*

*Everywhere you go in the universe, you run across the Melchizedek. It is the organization whose sole purpose is to bring the plans of light to everywhere they go. The pyramid is white. And the capstone is a stone we call, livingstone, it comes from Venus. From the distance, it looks rather like a crystal, but with light moving through it in a very strong color.*

*Why its called livingstone is, it picks up the cosmic emulations of whatever ray is focused, at the moment, on the planet.*

*The planet is setup in such a way that the rays focus themselves about every twenty-four hours, in an intensity, on the planet.*

*Thus, for instance, on Tuesdays, the blue ray is the most predominant ray, on the planet. On Fridays, the white ray.*

*Therefore, this livingstone picks up the emulation coming from the solar rays, the white rays, and goes the color of the predominant ray.*

*For instance, when the blue ray is in its greatest manifest, the livingstone, capstone goes blue.*

*This becomes, shall I say, a slight reminder to us, to work with the cosmos rather than against it. So when the blue ray is most*

*predominant, we try to restrict much of our business to areas that are best served in the blue ray.*

*For instance, we take negotiations, sensitive negotiations to take place on those days.*

*On the days, for instance that the yellow ray is the most predominant, those are the days we spend mostly studying. Those are the days we spend on building intellect.*

*On the days when the pink ray is the most predominant, these are the days that we go into the artistic endeavors.*

*In this way we have found that by working with the cosmos, instead of against it, we're more often than not, able to achieve four times as much in much less time.*

*Therefore, we are able to operate without stress, most of the time.*

*Also in the upper level, the other buildings that are very, very important to us, is our council buildings.*

*They have the councils of the city that gather together and deliberate what needs to be done in the city at the moment. They also have the record buildings where all our past records, our archives are kept in the forms of telonian plates, in the forms of crystals that can be put in crystal projectors, in the form of paintings, in the form of books, all our past records of not only Lemuria, but Atlantis, other civilizations, and the civilizations on other planets in the solar system.*

*Also, we have our pleasure centers.*

*Our places where we do sports, where we do plays, where we produce equivalent of our films, where we listen to music, where we dance.*

*We also have what you would call the equivalent of the bowler deck, and star trek.*

*We have holographic projectors, and holographic buildings where as you produce a program, and you go in and play.*

*And, the computers produce images, forms that completely support the program you've picked. Thus you are able to climb a mountain or swim a river, or go back to another point in history, and play, creating your own form of being in the movies.*

*Also, we have our communication center where we have monitored, not only our communications within our city, but also communications that are coming from other Agarthian cities, communications that are coming from off-planet spots.*

*And we have also monitored surface communications, from the point that there ever were surface communications.*

*We have monitored radio and television waves.*

*Another building that is very important to us, our computer building.*

*In Telos, as with the other subterranean cities, our computers are run by an organic substance.*

*Therefore, in essence, the computers live.*

*They no longer run off a program that is strictly binary. But they run off what is called, a multi-tracking program.*

*Thus, they are multi-tracking computers. Thus the computers are able to pick-up akashas, past lives. They are able to monitor a human body and see what's a miss. They are able to read the aura. They are able to pick-up communications happening clear across the galaxy.*

*Thus, most of our life, or a good portion of our life depends on these computers, these organic multi-tracking computers, which keep us in tact with, not only talking to different people on the city, not only with the computer telling us what our physical needs are at the moment by monitoring our bodies, but also the computers are able to play our soul notes, which is able to produce in many subjects, such as mediation, taking us to higher and higher levels all the time.*

*The computers are able to run our past lives when necessary for us, so that we are able to learn from mistakes that we've made in the past and forgotten.*

*The computer is able to communicate with us on a soul level.*

*Mostly important, is the computers' inner connect with other multi-tracking, amino based computers throughout the planet, and throughout the cosmos as far as that's concerned. And they all operate off a Christ mind, which means the computers cannot be corrupted.*

*It can never be used to spy on somebody. It can be used to monitor somebody for their own good will, or for their own good.*

*It can never be used to produce harm to another living entity.*

*It cannot be used for any of the dark purposes, the computer simply won't co-operate. Which has also been another way of Agartha cities and such.*

*Taking a stand that they would not corrupt the light.*

*By very much taking this attitude that if it does not match the Christ mind, in other words, if the computers disagree, don't do it. It has been a way of, shall I say, retraining our aggressive*

*techniques, retraining our tendencies to want to do onto another and split. We train many of our other sleeping tendencies and such.*

*So we have come to depend upon these quite a bit. But again, even on a computer, its not a matter of having a computer do it for you, it's a matter of learning from it, learning from a form of Christ mind there that you can see tangibly.*

*Transportation within the city comes in many forms.*

*Most people just prefer to walk, if they can. We also have electromagnetic sleds.*

*These sleds are capable of moving along the ground. They do much like a snowmobile. And we produce fairly high speeds in some of the side tunnels. This can take us, for instance, from Shasta to our secondary city, which is near Lawson, in just a matter of a few minutes.*

*And is able to take our security from Shasta to Lawson and back again very fast. Another form of transportation within the city, is what we call, baskets.*

*They are run on crystalline technology.*

*And for all the world they look like a large basket, but they float through the air. And you just, get in it, and it is guided by your mind.*

*Your mind tells it how fast to move, how high to go, and where to sit down. How fast to rise in the air, how fast to sit down. All our forms of technology and travel, is based on us being responsible.*

*The sleds could obtain high speeds, thus makin'em dangerous.*

*The baskets, anything that flies have a tendency to be dangerous, misused. So all communication and travel within the city is monitored by the control tower.*

*And the control tower knows, for instance, when a collision is just about to be inevitable between two sleds coming from different directions, or when a person is operating a basket irresponsibly. In which case the control tower alerts you immediately and tells you that you are about to produce an accident, or you are acting irresponsibly.*

*And if you do not listen to their warning, then they will simply stop the vehicle themselves.*

*You get out, and you will be restricted from use of the transportation for ever how long the period of time that you deserved, shall I say.*

*And how it'll simply be is, that, you'll get in a basket or on a sled and it simply won't work. Your frequency will be turned off to it, anywhere in the city, and on, what is called, the tubes. The tubes are another form of transportation.*

*The tubes are high powered, high speed electromagnetic train that runs in a tube. The tube is a rock, cylinder. Very, very much like a long tunnel.*

*For instance, a tube running between Possidid, and Telos. The tube looks totally round and runs somewhat like a subway. However, since it runs on an electromagnetic impulse, it creates a force field around it. So thus, the side of the train never touches the side of the tunnel.*

*Thus, the tube is able to achieve speeds of up to three thousand miles an hour. So you can arrive, for instance, between Telos, and*

*Possidid, in just a matter of a few hours. Also, as the tubes were created, and the sub cities, and the different levels, it was all reinforced by what we call our, boring machines.*

*The boring machines have a crystalline matrix that create temperatures of white, hot incandescence, yet cools at the same time. Thus, you are able to take a boring machine, for instance, through a tunnel and create a tube, tunnel, or to create walls in a subterranean city in just a matter of a few minutes.*

*The boring machine heats, rock, earth, whatever it comes across to a white hot incandescence, and then cools it almost immediately, which creates a diamond-hard, substance. Causes the rock itself to transmute and take a new form, which is diamond-hard, and thus for there's no need of supports.*

*Supports become absolutely superfluous. And, the structure then is also water-tight. Yet, it remains elasticity. So it can withstand high earthquakes, for instance. And it can move much like a rubber tube, and stop without breaking.*

*That way, even within the subterranean cities when earthquakes take place, none of the walls of the buildings, or of the caverns fracture. They simply move with it, then, return back to the diamond-hard substance. And, again supports, beams and such become superfluous. Also, water has no affect upon it. They become water-tight.*

*Thus, the subterranean cities can even be built underneath oceans because they create a complete seal. Also, that brings us to the next stage.*

*As we are preparing to bring out more and more technology to the surface, technology that we know the surface could also use, brings*

*us to the other responsibilities, that the cities have had to build within themselves. For instance, becoming a member of the confederation.*

*Earth is a member of the confederation. It's just, half of earth forgot. You might ask, what is the confederation? I'm sure some of you, or all of you are familiar, with for instance, Star Trek. They'd say, "that was channeled."*

*Instead of being the federation of planets, it's the confederation, an organization that was created throughout the solar systems, and the galaxies, that brought different civilizations, different systems, together on a basis of brotherhood, on a basis of commerce, on a basis of group exploration, on a basis of interacting with the different systems in a galaxy, or without a galaxy.*

*A confederation, is built, shall I say, or represented very much throughout a galaxy in the form of sectors.*

*Looking at our galaxy, the Milky Way, I'm sure you've all seen the pictures of t-shirts and such, that say the Milky Way and then has a little dot out towards the end say, 'you are here.'*

*Yes, we are here and we are here on what is called, sector nine.*

*The center of our galaxy, or the center of the confederation in this galaxy is what is called, sector zero. And the other sectors radiate outward from it, much like the spokes of a wheel.*

*Each sector is responsible for its own actions.*

*Plus, is responsible for how it interacts with the other sectors. Our sector, sector nine is under the command of a being called, Ashtar. Many of you have heard of the Ashtar command, Ashtar and his*



*twin flame, Athena. Within this sector, or within the Ashtar command, there are over a hundred fleets.*

*Some fleets basically belong to one planet. Some fleets belong to just a couple of planets.*

*Other fleets belong to a whole solar system.*

*And other fleets are inter-sector fleets that basically serve the whole sector.*

*And then other fleets are confederation fleets which serve the whole, might I say, the whole pie.*

\*

*Just a quite recap.*

*We are discussing the city of Telos. It is a Lemurian subterranean city that was built twelve thousand years ago, from the result of Atlantis and Lemuria sinking, during Atlantis and Lemurian wars. Which we then made subterranean cities. Telos is underneath Mt. Shasta.*

*And it's the city that I'm from.*

*This tape will discuss the culture of Telos.*

*Again, a recap.*

*The city is built on five different levels. The top level being the main level of the city, itself.*

*The second level down, the level of manufacturing, and where many classes take place.*

*The third level, being the hydroponic gardens.*

*The fourth level being part hydroponic gardens, part manufacturing. And the nature level.*

*And the very bottom level being the nature level where many, many species of animals and plants exist. Many people have asked, “how on earth can you live, under the earth?”*

*Number one, “what kind of light do you have, or do you have light, or are you Mole people?”*

*Yes, we do have light. It is a process, that a stone with a high crystalline content is fused with an electromagnetic force of energy. This infusion of energy, in essence causes the crystalline matrix of the stone to create a polarity that allows the stone to pull in even the invisible rays, and readmit ‘em as visible light.*

*In essence, it becomes a small sun.*

*Our main lighting structure throughout the city, as with the other subterranean cities, is produced by these stones. The light they produce is a full spectrum of lighting admitting all rays. In essence, this energy infusion process then makes the stone become a small sun.*

*The sun will burn for about a half a million years, before the stone, or the crystalline matrix brakes down, and the stone becomes no longer capable of functioning in this manner. So thus, we have lights that will burn for many, many thousands and thousands of years. With the structure, we have created a small eco-system.*

*In other words, we get our air by plants.*

*We produce carbon monoxide, humans and the animals, and the plants take in the carbon monoxide and create the oxygen for us. So in essence, it’s a small eco-system, just as it works on the*

*surface. We also have some vents that go to the surface and brings in the air. We also have water, in some areas, moving at high speeds.*

*This creates a circulation of the air, freshening it. Plus, it creates many negative ions.*

*So in essence, it is a total eco-system very much like the one that functions on the surface.*

*As a matter of fact, it has become so effective, that more and more do we not depend on the air vents. As a matter of fact, as polluted as the air is somewhat becoming, the air vents, shall I say are, not a plus. The government of Telos is constructed on the format of a council of twelve.*

*These twelve beings, for the foremost are ascended masters.*

*They are beings who have proved themselves of being in high wisdom. And being able to hold their head cool during any sort of incident. We always have within our council, six men, and six women, so that the council always remains balanced. That both flames, the male flame and the female flame are equally represented.*

*From the major council of the twelve, it goes down to smaller councils, throughout the city, also operating on the level of twelve. Individual areas bring in their problems to the local council.*

*And if the local council cannot deliberate a solution that is acceptable to all concerned, they then bring it to the larger councils, and then finally to the original council of twelve.*

*For individual problems, these do not come before the council. Instead, these come before what we call, arbitrators.*

*Arbitrators are usually priests or priestesses, with very much an understanding of the human psyche, and are also capable of looking into the akashas.*

*These arbitrators will listen to both sides of a story. If it is, for instance, a dispute, civil, will then, make a decision based on what they have heard and what they have read in the akashas, on both sides.*

*We have immediately decided, since this method works; once an arbitrator makes a decision, understanding that they will make it in the highest level. Being priests and priestesses, they will not be caught into a personalization, either for, or against, either side. So we have decided that we will accept their decision, whatever it is. And incidences stop there.*

*And we have also found, rather than arguing with each other, should a small incident come up, we immediately go to arbitrators, understand that an argument can, more often than not, make it worse than anything else.*

*Heading the council of twelve, the official title is, Council of Twelve Plus One.*

*The one is actually two beings themselves, which is the Ra and Rana Mu, which are the king and queen of Telos.*

*Ra and Rana signifies that they are high Melchizedek priest and priestess to start with. They are also usually twin flames.*

*And, it is a hereditary position. The Ra and Rana Mu lineage is unbroken for over thirty thousand years, as it stands right now.*

*When the next Ra and Rana Mu are being chosen, they do not automatically go to the oldest son, or daughter. But the Ra and*

*RanaMU decide which of their children, or grand children are the most capable of carrying it on.*

*That being is then instructed that sooner or later they will have to go through full temple training, and become a full Melchizedek priest, or priestess.*

*In the arrangement as it is, when a council of twelve makes a decision, the Ra and Rana Mu can back it up, or they can ask for a change.*

*And, one more voice comes into this government process, and that's the temple.*

*The temple is recognized as the final word on any decision. Because in many ways this is, as is with many other subterranean cities, a temple society.*

*The temple, even though most of the time, will not interfere with civic government, as I said they can, make final decisions through the high priest and high priestess.*

*The temple is run by the Melchizedek.*

*The Melchizedek is a cosmic priesthood. Everywhere in the universe, the Melchizedek exists. It is all those whom are bringing the light plans from the highest realms, down to the other realms.*

*A Melchizedek priest, or priestess, by their very vow, prove that they will always set light, or they will always set the good of the many, above their personal good.*

*Which is also been proving time, and time again, as to why the temple can make the last decision. Because they will always place what the light prefers.*

*In essence, what God wishes, way over what they desire, what they would choose to achieve.*

*Thus, the temple also becomes a very good sounding board to what we're doing at the time.*

*Being a temple society, many, many people take their training at the temple. And, many people spend time at the temple. Not just those who end up becoming priests and priestesses, but those who are going to other walks of life, that need a greater understanding of the human psychic, a greater understanding of the spirit to achieve their job, as it should be done.*

*Which brings us to, lets go though, for instance, what life would be like for someone living in Telos, starting with their conception, or childbirth.*

*In Telos, as soon as a woman realizes that she is pregnant, she immediately goes to the temple, and she's put in a room that gives her nothing but beautiful pictures, music.*

*She is constantly informed that she is beautiful, she's perfect.*

*Her child's beautiful, her child's perfect.*

*So you might say the very first cells of this child's conception is filled with beauty, with light, with perfection.*

*And that is their building blocks.*

*That's where they start.*

*Just as they are starting to understand that emotions, and such, go right into a child's cells, for instance, they're starting to understand that a child whom will have parents that were constantly arguing, during their conception, and ingestion period, the child grows up*

*insecure, quite often argumentative, or they will grow up totally feeling not good enough, totally feeling that they're not wanted.*

*Its been proven that children that are constantly hurt from their parents, before they were even born, that "I didn't want this child", whatever, that child will constantly grow into, "I'm not good enough." So we start children off on the right foot, immediately, by continually enforcing that they are good enough, they're beautiful, a mother and a father.*

*Because a child has a psychic bound to both. Immediately start talking to the child.*

*Start telling it how perfect it is.*

*They spend lots of time viewing things that are beautiful.*

*They spend lots of time singing to each other, playing little funny games.*

*In essence, going through a honeymoon again. So the child is all part of that joy.*

*Another thing that makes the child birthing process very different, is we have a process that speeds it up. Therefore, a woman only carries a child for three months.*

*In many ways, this is what the human condition was meant to be.*

*Most human females, on other planets, do only carry a child for three months.*

*That is why a three-month fetus, is basically formed.*

*All it does from then, is grow.*

*In the speeded up process, it is completed even sooner, it just grows. So a three-month baby, of course, will not be as large as a*

*nine-month baby. But it will be in the speeded up process, more than large enough to support itself on its own.*

*But we are trying to return back to the time that we don't even need the speeded up process, and the whole pregnancy process returns to only being a three-month process.*

*Also, returning to that place, women have much, much easier child births, as you can, I'm sure, understand.*

*Another thing that we do constantly in childbirth, is, all our births are under water.*

*We have found that under water births bring the greatest ease to both, the parent, and the child.*

*When a woman goes into labor, she immediately gets a birthing priestess, and they go to a tube, where are the birthing sections of the temple.*

*And the tube is filled with body temperature water. And the birthing priestess puts the mother in a slight hypnotic state. In this hypnotic state, its nowhere resembling a trance, but she is simply told that there will be no pain.*

*This suggestion, as well as the under water births creates a comfortable environment.*

*And most women never have any pain, what-so-ever.*

*They simply feel the pressure.*

*In an under water birth, as many women are starting to discover now, that what would be labor pains simply feels like pressure.*

*More and more we are trying to alert women to this phenomenon. That that is pain on dry land, is simply pressure, under water.*



*This serves the second purpose.*

*The child when then born is not brought from one environment into shock tactics, as it is much on the surface now. When a child is born, they are immediately pulled from a warm, comfortable, wet environment into a cold, dry one with bright light. And, in the old days they even used to slap 'em, which immediately brought a human being, for those of you who now have dealt with rebirthing, into the idea that life is hard, life hurts, life is painful. Thus, infants start shutting down from the time of their birth.*

*And just continue to shut down, thus not ever achieving the spiritual and physical levels that they could achieve because they already decided that life hurts too much, to be fully there. In an under water birth, a child goes from a warm environment right into a tube of warm water, and is immediately cuddled by both parents, who get in the tube with the birthing priestess. And the child is cuddled and petted underneath the water so it immediately knows that its parents are there for it.*

*Therefore, it does not go into insecurity.*

*From there, a child of its own, will come to the surface and take a quick breath. Then dive down again and breathe from the umbilical cord.*

*And then come to the surface on their own again, and take a deep breath. This also expands the lungs, slowly. The child can actually breath for as much as a half hour on the umbilical cord, from once it is born.*

*These quick breaths do not cause the pain that some of the tissue, some of the tissue is actually damaged quite often in births that are not in water because the child is forced to come and take a deep,*

*deep breath out of cold, cold and painful, air that forces these lung sacks to immediately expand and create great pain. Sometimes even creating scar tissue which makes the adult more susceptible to things like tuberculosis, emphysema, colic, many, many of the long disorders that are very, very prevalent. And it also keeps the person, even as an adult, from breathing deeply as their normal state. Yes, they are only half alive because they are only half breathing. Then, when the child has reached a point where they are breathing completely just the air, the umbilical cord is cut with a laser, which causes a very fast painless cut, and of course, the umbilical cord has quit pulsating.*

*From their birth, a child is immediately assigned twelve sets of godparents.*

*These godparents give a child a chance to interact with more than just their birth family.*

*True, they spend most of their time with their birth family, but also spending a little time here and there with each of their godparents as they grow up, it gives them a true sense of community, and the brotherhood of man rather than, 'them and us'.*

*So the child immediately starts looking at the whole world as their family.*

*Instead of becoming very, very narrow, and personalized. This also keeps families from developing little clicks that in the long run become quite detrimental to the developing soul. Well, you might say, 'well, we just do things because my grandparents did it, and my great grandparents, and my great, great grandparents, and so on, and so on', which quite often produces thought patterns within a family that can be quite detrimental to the development of the*

*soul. By having twelve sets of godparents that the children spend time with, plus the fact that the child's parents are usually godparents to at least a couple of children bringing other children to spend time with them. That way too, as I said, it continually creates a sense of community.*

*It constantly creates the sense of oneness.*

*You all say that if you wanted to stop prejudice, you'd immediately tell that person to go live with that person they've been prejudice with.*

*And they'll soon find out we're all just human.*

*From there, as each child prepares for their education, within the educational process in Telos, children start their education at about the time they're three years old, very much like your nursery school, except it is based on the fact of the intelligence of the human being rather than the stupidity. Thus, why children are very, very clear, sometimes clearer at three years old than they are at five, or six, making it easier, as many of you are starting to discover, of infants doing algebra, young children learning mathematics very, very early.*

*Learning to read very, very early. What is three, sometimes even earlier is when children start to be taught these things, as well as playing. They're also taught the rudimentaries of mathematics. They're also taught to read.*

*They're taught to understand abstract concepts. They are taught to think, to understand how things work. We've all gone through the children period of the 'why, and why not?'*

*When they are at the why stage, where everything you answer is a why or a how, we've learned to take that period, instead of just*

*saying, after being ask, why on fourteen questions, their parents quite often flip out. The next thing you know they're telling their children to shut up. But if society is set up so that when children are in the why stage, they're already starting instruction, and that's used. The 'whys' are being answered by professionals.*

*And our professionals are more often than not priest and priestesses of the temple. There are those whom are strictly teachers, but most teachers have gone through a whole temple training. The purpose of that is they're not only feeding the mind, but they help feed the soul, the spirit, the understanding of what we're really here for, not just calculations and words.*

*Within this setup, is that children start schooling at a much earlier period. As they move from their schooling process, we have learned that it is very, very acceptable, and very important that a child, as well as being taught mathematics, science, spelling, grammar, literature, all the most common subjects in schooling, we find that it's just as important they learn to meditate.*

*It's just as important that they learn to dance, just as important that they learn sports, just as important they learn how to sing, just as important that they learn how to act.*

*What I mean by act is that we've got five year olds already writing and putting on their own plays, that we link to five-year-old problems, and five-year-old way of looking at life, which can be quite humorous for adults.*

*But they're all being allowed to express, and even the learn. The strict learning process is complimented with play.*

*In this playing and learning through play, and playing-to-learn concept, children are allowed to totally express themselves in such*

*a way that is acceptable. So many times, children that are just buzzing to express themselves, one way or another, get in to a lot of trouble because they don't have quick enough avenues to express themselves though, or the avenues that they have been given include things like violence. Next thing you know; you've got a whole group of kids in the backyard playing Rambo, and they bring it right into the house.*

*They start braking things and the parents wonder what's wrong with their kids. But in a process that allows them to express themselves, get out their extra energy, and learn at the same time, they might say the children are happier, the parents are happier, everyone's' happier about it. Also with basic spiritual concepts, from the time a child is about five years' old, they're taught astral projection.*

*For those who are unfamiliar with that, there's a part of you, a very conscious part of you that is able to leave the body at small periods of time, consciously.*

*When this part is projected, you might say the astral body, soul travel, the more evolved the farther you can go, and the child is taught that they can visit the akashas, are taught that they can visit different places on the planet.*

*What this also creates is a chance for the child to explore, and to understand for themselves. The children don't have to go though the period of having to always take someone else's word of it. They're able to get out and see the astrals themselves. They're able to get out to the etheric records themselves.*

*A lot of 'em will be able to get into the etheric retreats consciously and study that way.*

*Uhm, many are able to get to the other subterranean cities, or to spend time on the surface cities, all though the etheric travels, astral travels.*

*As I said, in essence, when a child is able to learn for themselves, the truth of how the world truly operates, the truth about what is really happening on the planet, that way they're never at a victim. They can not be let astray. They can't be told that something is right when nothing in the cosmos supports it.*

*They can always go and feel the rightness for themselves.*

*Thus, you end up with a society of people that are not constantly left in the dark, and that you are not able to basically trick 'em on.*

*Because they've seen what's out there, they know what's real and what isn't.*

*They know the capabilities of the human being.*

*They know, for instance, ascension is real.*

*They know, for instance, the existence of those on other planets.*

*They understand how the etheric works.*

*They've seen angels, physically.*

*So all of these things that so many people have had to live on with faith, true, we also develop faith, faith to master your self, faith to live in the unseen, calling it the seen, until it becomes the seen.*

*In other words, able to manifest from the inside out. And there's not so much confusion, even when people reach that age, that has been quite difficult for every one, the teenage years.*

*In the teenage years, in Telos, a child immediately joins, when they're twelve, what is called, Group.*

*Group is all the other children their age.*

*And they spend, usually from the years of twelve to eighteen, nineteen, they spend much of their time with their Group, working out all the problems among their peers that seem to always rear their head in the teenage years, no matter what society you are in.*

*Yes, we still have teenage problems that happen. It can't help but happen. The emotional and mental bodies are developing.*

*A child's body is full of hormones, this creating instability within the emotional realms. The mental body is growing stronger but causing confusion in the emotional body. All these little physically, psychological, spiritual elements that create that faze from childhood to adulthood, but we've learned to take it tongue and cheek.*

*In essence, we call the teenage years, the years of temporary insanity.*

*And we don't make the children feel guilty for wanting to go and scream at the top of their lungs, or wanting to do something they know they shouldn't do.*

*We just except it as the years of temporary insanity.*

*They work out their frustrations within their Group. They experiment with the elements of life, within their Group. Quite often they go down into the lower caverns, and just run for days.*

*All the things that they can get in so much trouble for doing, unless put in an organized basis, yet the basis has to be so unorganized within its organization, that they have to feel that they are truly being allowed to express themselves so that the frustrations are brought up, dealt with, and then they move on.*

*All children, no matter how good their parents, no matter how good their upbringing, will go through periods of rebellion, at this point.*

*All children will go through periods of not wanting to listen to what older people say.*

*But by being allowed to work it out within themselves, and with other children going through the same process, they are able to get an understanding of what they're doing.*

*It doesn't make 'em a bad person.*

*The feelings that are going through 'em, uncontrolled, doesn't make 'em bad, it just makes 'em normal.*

*And it makes it so much easier on the child, and on the parents.*

*Also, each of these Groups are then assigned priests and priestesses, who act somewhat as mentors, not to judge or act like parents. But to simply get the kids to sit down and talk about what's botherin' 'em. Let 'em sit down and act out their frustrations in the form of plays, in the form of programs that have been put into the holograph theatres, in the form of music, in the form of athletics, or even in the form of going down into the sub tunnels, and just running for three days and acting like nuts.*

*Everybody needs that.*

*But when its done in such a way that there's no judgement upon it, no stigma attached to it, then children do it, get through it, and come back normal.*

*And do not need many of the crutches that severely emotional adults turn to. Many adults that did not deal with the frustrations that came up in their childhood, or in their teenage years, that later*



*turned to drugs, later turn to unappropriated forms of behavior that later turn to irresponsibility, or later turn to perhaps, to even more damaging of, 'I'm not good enough', depression, fear, and unable to create anything out of their life because they might feel like its just not worth it, that they can't do anything right. But by creating a system where all these energies are dealt with, then adults come out feeling much more secure of themselves, at the other end of their teenage years.*

*And, the second reason for that, is in a society such as Telos, and the other subterranean cities, people basically live as long as they choose.*

*Which you should also understand, if you got people living for thousands, and thousands of years, you can't afford to have thousands, and thousands of year old adults that are acting irresponsible, adults that are playing detrimental games, adults that are pushing their will onto others, all the silly little things that happen all because the energies are not dealt with in a young child.*

*Which brings us also to one of the major thoughts, in an education of our own, that we wish to see happen here.*

*And that's the removal of the thought-form of aging and dying.*

*Human beings were not meant to age, or die.*

*Even people who work in genetics understand that a person, in truth is never older than seven years. Since its body changes all its cells every seven years. Many, many doctors, on aging, will admit they are baffled as to why people age at all since the body is never old.*

*So as I say, we have to take it to another level beyond the physical, to find the answer to aging, and death, to the belief, you know the saying, 'thoughts are things'.*

*In telos, people don't believe their going to grow old, and die.*

*They simply don't believe it. People just know they're going to live as long as they choose.*

*Then they will either choose to drop their body, if they feel like they still have lessons to do, and reincarnate again.*

*Or, they will choose the path of ascension.*

*One or the other.*

*Some people make the decision in six hundred years. Some three hundred. Others wait for five thousand, ten thousand, whatever. But it's a choice that human beings were designed to be able to make.*

*That is one of the most important elements of our culture, that we want to see brought out.*

*Human beings as it is now, just about the time they start getting enough experience to really do something with their life, they've grown too old to do anything with it.*

*If those thoughts are eradicated, then people realizing the youth is not going to last ten years, twenty years, but its going to last hundreds of thousands of years, whatever they choose.*

*That too, brings out, and eliminates the majority of the detrimental behavior in life.*

*Many people feel, 'I'm only going to live once', 'I'm only going to be young a short period of time', 'so I might as well reek havoc now'. If*

*they realize that if they choose, they're going to be young for hundreds of years, or thousands of years, that thought-form or behavior becomes totally unnecessary.*

*And people truly start growing, and holding on to their growth.*

*And we are biologically, absolutely no different than the people on the surface.*

*We have Indian children that were left on the mountain of Shasta, some hundreds of years ago. They're still living with us. They haven't grown old. They don't die because they were raised with the thought-form that they're not going to.*

*Its' a thought that creates life.*

*Or, none-life. Aging, or youth-ing.*

*Is to get past the thoughts, the beliefs, that that is what is going to happen.*

*Which brings me to my personal expertise on the subject.*

*I'm over two hundred and sixty years old.*

*As a matter of fact, I'm almost two hundred and sixty-eight. And, living two hundred and sixty-eight years is no different than being, for instance, thirty, aging wise. Its just I've had time to gather a whole much more experience that can be used now.*

*My parents, obviously are much older. There are even people in Telos that are thirty thousand years old. People who saw the destruction of Lemuria, Atlantis, people who saw the Lemurian/Atlantian wars. Which also brings us to the next stage in a person's life.*

*After they've gotten through their teenage years, and they're ready to start becoming a contributing member of society, how do they choose what they're going to do?*

*We have a none-monetary basis of commerce in Telos.*

*As a person is growing up, they basically watch, decide, assess their own talents, then they decide what they wanna do. And that is usually the field they pursue.*

*They generally set their own hours. And since everything is on a barter basis, we've got into a great understanding that if you don't fulfil your part of the bargain, then it hurts other than just you.*

*What is meant by that is we are setup on a basis that the government owns everything. But the government is not responsible for controlling anything.*

*All the government is responsible is to make sure, that the food, for instance, gets from the hydroponic gardens to the distribution outlets, the clothing makes it to the distribution outlets, that furniture, all the things that are needed for people to live, and to live well.*

*You understand that you are not living unless you are living well.*

*And when you need something, you simply go to a distribution center, and pick it up. You need new clothing; you go get clothing. You need food, you go get food. You need furnishings, you go get furnishings. You need books, you go, go get books.*

*As I said, everyone sets their own hours.*

*Someone who is drawn to gardening, becomes one of the hydroponic gardens. They come and they work the amount of hours they wish.*

*So in essence, we don't, we do have a dim period, and we have a bright period. What I mean by that is we've discovered that people work in cycles, better than they do in a constant.*

*So, thus about the same time the sun is setting on the surface, filters are slid over the front of our lighting system, dimming it till it is about as dim as it is in twilight.*

*Then, when the sun would be rising, the filters start sliding back slowly, thus allowing it to get brighter, and brighter.*

*When we first moved into Telos, we experimented with leaving it bright all the time. And again, as I said, we found out that people function better in cycles.*

*Some people like to sleep when its dimmer, and work when its bright. Other people, they're like the night owls. They prefer to work, or play when its bright, or when its dim, and sleep when its bright.*

*But everyone is allowed to function in a way that is most comfortable to them.*

*So everyone comes in and sets their own hours, and simply informs, you might say, the foreman of whatever their job is, which hours they're going to be working over the next few day period, I think. And everyone comes in and works basically as long as they wish.*

*And then they go and do whatever else they wanna do.*

*But understanding that since we're on a society, that if you are too lazy to go work along the hydroponic gardens, and that's your job, somebody might not have enough food.*

*Or, if you didn't feel like doing designing clothing, or creating clothing, or furniture, and you made no other arrangements for*

*someone else to take your slack of time, someone else in the city might be going without. So understanding that method has made people responsible for what hours they work, understanding that they are doing true service that somebody will appreciate.*

*The only thing that we don't interchange, by simply putting in the distribution centers, are things like art forms, art objects, uhm, massages, things like that.*

*That is done on what is called, a barter basis.*

*Those who, for instance, their main talent is art, whether its drawing, pottery, sculpturing, uh, message, all these different little things that are not part of the whole, not part of what you might say, necessities, but are necessities to the soul.*

*As I said, these come to the distribution centers in the form of the barter pool.*

*In other words, you walk in and you see a statue that was created by somebody, you really want, in exchange for it, you're willing to give ten massages, and you're very good at massage. Or you're willing to come and sing.*

*And the barter pool comes through, and with the computers, perhaps the person that made the statue that doesn't need a message, but a person who brought in a painting, the person who made the statue wants that. So the barter pool continually switches and curves so that everyone's needs are met.*

*So everyone can come in and exchange energy in some form, to receive you might say, the little pampering things in life.*

*Also within this system, people setting their own hours. It doesn't become so crystallized that no one has any freedom to come and go at their will.*

*People can truly set their lives to achieve the best of work, of play, of rest, of meditation, spiritual endeavours, so that everything is met, and not it be at the expense of something else, understanding that spiritual time is just as important as work time.*

*Which leaves us to what could be a problem.*

*Of, since everyone chooses their jobs, what about those jobs that no one wants to do?*

*Uh, gathering the garbage and dematerializing it. Weeding the hydroponic gardens, etc, etc.*

*This falls under what is called, community service.*

*And everyone does it.*

*Everyone in the city spends a certain amount of time, a month, in community service.*

*What this means, is this works very well because since everyone does it, no one has to do it that much. No one has to do, full time, the jobs that no one would like to do, and go into resentment because of it.*

*Instead, if everyone does a certain amount of community service, it means that you might only spend four hours of community service a month.*

*And since it becomes a project that you only do once a month, it actually becomes fun.*

*And when people are on groups of community service, they start singing, and playing, and having a good time. But its something that no one even tries to get out of it.*

*You can be in community service, uh, a real good one is, picking up, put it bluntly, secretions from the animals down in some of the nature areas where its starts getting really bad.*

*Uh, this could put someone in real resentment while your shovelling elephant you-know-what.*

*But if the person in the hydroponic gardens is doing it right along side, for instance, someone from The Council of Twelve, it's a thing that becomes not resentful, but fun.*

*And its something that people truly get a sense that there is no 'better than', or 'less than', in the job situation. That a farmer, or someone who works in the hydroponic gardens, is not less than someone who is on the council of twelve.*

*They both... just... have... different... jobs. And both jobs are equally important for city to run properly.*

*So therefore, people immediately have the feeling of being good enough.*

*As I said, things like community service brings all the different levels of service together, and creates a true comradery.*

*Which goes into, perhaps one of the more interesting aspects too, of our personal relationships.*

*In Telos, we have two forms of marriage.*

*We have a bound marriage, and we have a sacred marriage.*



*A bound marriage is as good, and when two beings decide that they've got something with each other, and they want to explore it greater. Then in front of a priest or priestess, and a bunch of their friends, they commit themselves to a bound marriage. Which is saying, 'we've got something, we really care for each other.*

*And we'd like to see where its going.'* So in essence, it is a form of a marriage because it has the commitments for as long as you choose them, forever long you want the marriage to last.

*And then if you decide, 'oh, well, it was just a passing thing, or its something that's not going to work', you simply, you know, stand in front of a priest or priestess again, and simply explain that it didn't work. And there's no stigma on it.*

*Some people can have several bound marriages at once. There's also no stigma on that.*

*One thing that you do not do in a bound marriage, is you do not have children.*

*That is saved for a sacred marriage.*

*In a sacred marriage is when you have decided, 'okay, we have something!'. Then you have a large marriage, usually beautiful wedding. All your bound marriages are dissolved, and you go into a sacred marriage where you are then, allowed to have children.*

*Children is something people need to be trained for. They need to be taken as a serious responsibility. Some people might be in a bound marriage two, three hundred years before they take a sacred marriage.*

*Someone else who's with their soul mate or twin flame, they go into their sacred marriage two month after they were in a bound marriage. It's all different.*

*But again, its always a matter of having... choice.*

*Its' always a matter of having... respect for each other.*

*And this just about raps up, tape two of these two tapes of, Secrets Of The Subterranean Cities. I... am Sharula Dux.*

*I am the daughter of the Ra, and Rana Mu.*

*Therefore, princess Sharula.*

*And I thank you.*

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Sharula Dux's

Secrets Of The Subterranean Cities

Non-Fiction  
Audio Tape Series

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<https://www.youtube.com/watch?v=Aj9Vlt0DCBA>

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